

Hanover Safe Place

A Place for Peace

FY 2018

HANOVER SERVICES



Hotline Calls:
3,110



Shelter:
75 People
1,909 Nights



Sexual
Assault:
165



Court:
255



Counseling Clients:
96 clients
908 sessions

REGIONAL SERVICES



Rapid Rehousing:
235



RHART:
483

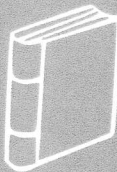


Legal Advocacy:
70



Financial
Education:
176

EDUCATION & OUTREACH



Education/Outreach:
95 Events
1,450 Participants



Public Awareness:
46 Events
13,797 Participants



Volunteers:
94 Total
2,549 Hours

DEVELOPMENT



In-Kind:
\$80,962.43



Fundraising:
Cheers to HSP - \$9,145
Deck the Halls - \$12,752.72
Casino Night - \$39,120.15



Individual:
\$24,829.89

OTHER



Social Media Reach:
91,396 individual hits



Hanover Safe Place Agency Services

All services are free of charge and confidential

1. Hotline:

- a. The hotline is answered by staff or interns through our Regional Hotline and during business hours calls are referred to the appropriate person at Hanover Safe Place based on the services needed. After hours there is one staff person who is at the shelter to take calls from the regional hotline. If the shelter staff is unavailable due to working with a client, a staff member is on call at all times to ensure immediate needs are met. Hotline: 804-752-2702
Business Line: 804-752-2728
Regional Hotline: 804-612-6126, Homeless Services Hotline: 804-972-0813
- b. Services provided include: crisis intervention, safety planning, counseling, legal options, shelter assessment, medical and mental health resources, and referrals for other services.

2. Counseling:

- a. A masters level counselor for teens and adults
- b. Provides individual and group counseling, short term counseling averages 12-24 weeks to teens and adults
- c. Support Group- Open weekly processing and psychoeducational group for adult women who have experienced IPV
- d. Counseling is trauma informed, client centered, and strengths based. It includes the use of mindfulness, DBT, CBT, experiential interventions, and expressive arts.

3. Community Domestic and Sexual Violence Client Services:

- a. Work with community clients who may still be with their abuser on safety planning and an action plan
- b. Work with community clients who have left an abusive situation and are working on self-sufficiency.
- c. Offer resources to enrich and enhance individuals and families in meeting their goals.

4. Shelter:

- a. Hotel model: HSP has three rooms in a hotel to house families/individuals in need of shelter. Each family/individual has their own room. There is also one room for a staff office where staff are available to address the needs of residents.
- b. Length of stay varies by family and individual needs.
- c. If the shelter is full, staff will work with Hanover clients towards a safe alternative.
- d. Staff are available to work with survivors in the shelter to develop and implement goals and objectives to enable survivors to leave shelter and become self-sufficient.

5. Children's Program:

- a. Works with children of survivors
- b. Provides support and resources for children in shelter, & community clients as appropriate.
- c. Manages children's groups in conjunctions with adult support groups
- d. Utilizes community resources to offer family fun activities.

6. Court Advocacy:

- a. The Court Advocate works with survivors needing legal advocacy
- b. Will assist and accompany survivors in getting protective orders
- c. Will provide support and advocacy during criminal procedures

7. Trauma Informed Yoga

- a. Trauma Informed Instructor
- b. Yoga support group: A weekly trauma-informed yoga class for survivors of sexual and/or domestic violence. The class is an all-levels slow flow with an emphasis on linking slow and steady breath with subtle movement to balance the nervous system, the yoga postures and transitions are basic. Ample time is provided to linger in poses to enjoy the pleasant sensations of stretching and breathing as well as to build heat and practice using the breath through discomfort. Class is intended to be a safe space to practice yoga in community with other survivors.

8. Prevention, Outreach, Training, and Education:

- a. Provide outreach to the community to promote awareness of agency services and programs available to the public.
- b. Teach educational classes to adult and youth on intimate partner violence, sexual violence, dating violence, and healthy relationships to adults and youth.
- c. Provide training to professionals and partners in the community.

9. Regional Services:

These services serve the CoC or Continuum of Care which includes: Hanover, Henrico, Chesterfield, New Kent, Charles City, Goochland and Powhatan. To be eligible for these services, clients must be utilizing one of the above services at their home agency.

- a. Provide Rapid Rehousing for the CoC by assisting with locating housing and providing financial assistance to DV and SV victims who are homeless.
- b. Provide Financial Education for the CoC and Richmond City by providing financial counseling, budgeting and more to clients to increase self-sufficiency.
- c. Provide legal service to CoC clients. This consists primarily of consultation for protective orders but could include custody. Also manages a list of attorneys' willing to assist with pro-bono work. Clients are referred through the Court Advocate
- d. One advocate based out of the YWCA to provide assistance with employment opportunities, education, interviewing skills and resume building.
- e. Legal Immigration Services through the James House in Prince George to assist with Visas
- f. Bilingual services through Safe Harbor in Henrico.
- g. Limited Health Care Services in Goochland through Goochland Cares.
- h. Support for Human Trafficking victims through Safe Harbor.

10. RHART:

- a. Along with the YWCA, Safe Harbor and Project Hope, HSP provides volunteers and staff to respond 24/7 to 7 Bon Secours and VCU emergency rooms in greater Richmond to provide support and advocacy to victims of intimate partner and sexual violence.

11. Other Programs: Adopt a family for the holidays, Legislative Advocacy, Awareness Month Activities, and Fundraising Events